



COVID-19 UPDATES

For your safety and the safety of the staff, YANTAR Health and Wellness Spa adheres to the highest standards of our national and State regulations. Beginning on **June 15th** we will begin to offer our services. Following are several highlighted changes we are implementing to maximize your safety:

- Schedule your appointment and pre-pay for your services online www.YANTAR-Healthspa.com or call Milla at **1-828-450-9567**
- Due to capacity restrictions, we ask that you text us when you arrive and remain in the car till, we respond with text and welcome you at the front entry and we will escort you to the exit after your treatment
- We will ask you to wash your hand right before you come into the treatment room
- Please, limit your belongings you are bringing into the treatment room
- Please wear your face mask at all times until your treatment
- You will be asked to wash your hands and wear gloves provided to you BEFORE entering treatment room

COVID-19 Preparedness Plan

We take your and our team safety seriously and we have worked diligently to update our already rigorous sanitation and safety standards, so things will look a little different on your next visit. We ask you to be aware of the following requests to help us ensure your safety and comfort as well as that of other clients and our staff. Our first priority is safety.

Booking APPOINTMENTS

Schedule your appointment with Milla **1-828-450-9567**

Our cancellation policy is now no changes within 24 hours. Because we are required to operate at 25% capacity, we want to ensure that everyone that wants an appointment, gets a treatment and our team members are properly compensated.

We will email you a COVID-19 form to sign and bring to your appointment. Thank you for your understanding as we navigate this new process.

Should you have experienced a cough, fever or been around anyone exhibiting those symptoms, we ask that you wait 14 days before coming to the spa.

CHECK-IN

Please call 828 450 9567 when you arrive for your scheduled appointment time. Only those with appointments should enter. We are limited to 25% capacity throughout AGADA Integrative Health Center at this time.

Clients are asked to wear masks.

When you arrive, you will be asked to wash your hand and complete a temperature check via a touchless thermometer before your treatment. Clients with a temperature of 100.4 or higher will be asked to reschedule their appointment without a cancellation fee. For your safety we take our employees temperature at the start of their shift.

Please provide the signed "COVID-19 " form to our provider for each visit.

We ask that you respect social distancing in the clinic area.

DURING YOUR APPOINTMENT

All team will wear a face mask and/or face shield, and a clean sanitized uniform.

Our staff will wash their hands for 20 seconds at the beginning and end of every service in the treatment room.

We are trying to limit our contact so we can focus on you and your service. Please try and limit the personal belongings you bring to the spa.

AFTER EACH SESSION

We implemented a 60-minute turnover time between each session to perform the necessary sanitation protocols. The entire room is disinfected.

Thank you so much for your loyalty and patience during the adjustment period.

Milla

Resources

www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/index.html

www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf

www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html

<https://mn.gov/deed/guidance>

Workplace cleaning and disinfection protocols

1. Establish a documented sanitation schedule and checklist, identifying surfaces/equipment to be sanitized, the agent to be used, and the frequency at which sanitation occurs.
2. Routinely sanitize all areas, such as offices, restrooms, locker and changing rooms, common areas, including floors, shared electronic equipment, machinery, tools, controls, etc.
3. Frequently sanitize all high-touch items, such as doorknobs, countertops, barriers, railings, handles, and other surfaces.
4. Electronic devices (e.g. light-switches, circuit-breakers) should not be sanitized with a liquid agent. Consider covering switches/devices with a poly-covering that allows the user to manipulate the device without touching the switch, and change out the poly-covering frequently. Electronic devices must be sanitized only when disconnected from the power-source, and sanitized in accordance with the listing/labeling requirements.
5. Personal equipment, tools and phones should not be shared or, if shared, should be disinfected after each use.
6. Implement immediate cleaning and disinfecting of the workplace if a worker, client or visitor becomes ill with COVID-19. See CDC's Cleaning and Disinfecting Your Facility (www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html).
7. Select appropriate and ensure the needed supply of disinfectants – consider effectiveness and safety. The U.S. Environmental Protection Agency's (EPA) **List N** has identified a list of products that meet EPA's criteria for use against SARS-CoV-2. See EPA's List N: Disinfectants for Use Against SARS-CoV-2 (www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2).
8. Review product labels and Safety Data Sheets, follow manufacturer specifications, and use required personal protective equipment for the product.

Barbershops, salons, and other Establishments Providing Personal Care Services may reopen to the public and resume services in accordance with the following requirements:

A. All establishments must adhere to the applicable guidance available at DEED's guidance website

(<https://mn.gov/deed/guidance>), as well as the requirements set forth in paragraph 7.e, including development and implementation of a COVID-19 Preparedness Plan.

B. Occupancy of any indoor space must not exceed 25 percent of the normal occupant capacity as determined by the fire marshal.

C. Workers, customers, and clients must follow face-covering requirements as set forth in the applicable guidance available at DEED's guidance website (<https://mn.gov/deed/guidance>).

Desinfecting

Per rule, only hospital-level, EPA-registered disinfectants that are labeled as bactericidal, viricidal, and fungicidal may be used. Alcohol is not an acceptable disinfecting agent. Bleach products must have an EPA registration for hospital-level disinfection.

Face shield

- Referencing the preparedness plan guidance, a face covering is required when working with customers. A face shield is required, in addition to a face covering when:
 - the service being performed requires the removal of the customer's face covering
 - the service provided involves face-to-face interaction
 - the customer is not able to wear a face-covering (such as for medical reasons) A service that involves face-to-face interaction cannot be offered, if it cannot be performed while the worker is wearing a face-covering and face shield.